## Adjusting to change

Narrator: In the first scene we meet May who is in her seventies. May's husband

passed away several years ago and she now lives on her own. Recently she suffered a significant and unexpected life event in the form of a stroke. Here she is met by Ellen, an occupational therapist and together they explore what the impact of this change has meant on May's life.

May: I've made some tea.

Ellen: Lovely I'm parched. Shall I pour?

May: No, no, you're the guest, you just sit there. How do you like it?

Ellen: Just as it comes, black, thank you. So how are you feeling May? You have

been back from the hospital a couple of weeks now.

May: oh not too bad thanks. You, you said on the phone you were an ...

Ellen: I'm an occupational therapist.

May: Right.

Ellen: I will be taking some notes while we talk just so that I can remember what

we are chatting about. Is that OK?

May: Yes.

Ellen: So I'm here to see how you are getting on after getting out of hospital and

whether there's anything we can do to help.

May: It's good to be home.

Ellen: Yes, it's always nice to be amongst your familiar things isn't it?

May: Yes.

Ellen: So how are you feeling May?

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again on the phone.

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